

IN THE WOMAN'S WORLD

DECORATIONS FOR THE XMAS TABLE

The decoration of the Christmas table adds so much to the enjoyment of those gathered around its inviting spread that every effort should be made to have it as attractive as possible. After all, the feast counts for little when compared with the thought and care taken to make the table lovely and entertaining. It is that remembrance which lingers long after the dinner is forgotten.

The feast may be most unpretentious, but if the table is tastefully decorated the pleasures derived exceed that of any fifteen course banquet.

Many designs for decorations may suggest themselves, but the collection described here is especially attractive and not difficult to make.

The first suggestion will appeal strongly to the children. Santa Claus is posed standing against a tower built of beautiful red apples and bunches of luscious grapes crowned with holly. A wreath of autumn leaves and holly entwines the base.

The next idea is a dainty decoration for the lovers of the artistic. It is a bowl of green pottery filled with small chrysanthemums and asparagus fern. Clusters of grapes, bright apples and smilax vines are arranged at the base. Strands of smilax divide the table into sections.

A pyramid of fruit is very effective. Any combination of fruit is good. Grapes, apples and oranges may be used in one design. The pyramid is built around a dainty candle holder in the shape of a tulip. Four others are arranged at the base. A wreath of holly gives a bright touch to the extreme edge. The dainty tulip lights may be had in all colors and are extremely pretty when the candles are lit.

A novel decoration for those who admire the unusual is a bright yellow pumpkin hollowed out to form a basket as the center feature. This is filled with fruit and decorated with sprays of small chrysanthemums and asparagus fern. A tasteful arrangement of the flowers and fern wreathing the base of the basket completes the decorations. Small sprigs of the green are placed at each place. Elaborately decorated china adds much to the appearance of this table.

No set of designs would be complete without the diminutive table Christmas tree. A full tree of Norwegian pine is preferable. Each branch has a small bunch of "ever-lasting" red straw flowers tied to the extreme end. Strings of popcorn, bright colored balls and glistening tinsel decorate its branches. A mound of fruit, raisins, apples, oranges and grapes is banked at the base. Sprigs of holly are mingled with this to lend a touch of vivid coloring. The gifts may be tied to its branches and distributed at dessert.

If souvenirs are given they may be attached to long ribbons, running from each plate to the tree.

Artificial snow sprinkled over the tree and tablecloth suggests the winter season.

Lovely table linen and dainty china lend their charms to the Christmas table decorations.

If the dinner is at night the soft, shadowy light of candles should be used. This manner of lighting is especially appropriate for the holiday season.

The model hostess will do her best to make the Christmas table never to be forgotten. This permits a wide scope for her originality and ingenuity.

A New York skin specialist says: "Had I to choose between the cook and the apothecary as collaborer, I think I would not hesitate for a moment to yoke myself with the former." He goes on to say that "the board kills more than the sword." Many people eat not only the wrong foods, but too much of them.

Regular bathing with hot water before bedtime is said by one of the world's most famous oculists to be the most stimulating treatment that can be given the eyes. He also recommends for tired eyes that have been strained by close application to work to look out the window at a view that is distant; in other words, look at some distant point for ten minutes, so as to entirely change the focus of the eyes.

Before sewing belting on a wash

THROW AWAY CORSETS. WEAR TROUSERS. SAYS MRS. CATT

NEW YORK, Dec. 7. — "Make a bonfire of your hats; throw away your corsets and wear trousers. Instead of these ridiculous tight skirts," is the recommendation of Mrs. Carrie Chapman Catt, the suffragette leader, to the Equal Suffrage League in her report of her two years' round-the-world campaign in behalf of votes for women.

"My trip around the globe convinced me," says Mrs. Catt, "that my own countrywomen are the most fettered, sartorially, to be found anywhere. Compared with the Chinese women the American woman is almost as helpless as a baby. It is time for the western woman to kick herself free of the swaddling draperies which the Parisians send over to us. We should declare our independence in dress as we have in politics, and the sooner we do it the better for health, happiness and the cause."

Mrs. Catt advocates the Chinese dress or a modification of it because it is the "most sanitary, healthful, comfortable and artistic costume a woman can wear." She describes the Chinese costume as including "loose, straight, hanging trousers, made of silk or other material and over this garment a straight loose coat which comes below the knees usually and buttons over one side. This garment is collarless, with sleeves that are half tight and end between the elbow and the wrist."

skirt, shrink the belting by pouring boiling water over it and letting it soak therein for five or ten minutes. Dry and iron. If this precaution is not taken, the first time the skirt is washed the belt will shrink, and in all probability will have to be taken off the skirt and made larger before the skirt can be worn again. Save yourself trouble and work by shrinking the belt first.

In making Irish crochet the padding should be of linen thread. Some workers use cotton thread, for padding, which is cheaper, but it does not give the proper crispness to the work; after it is washed a certain limpness is noticeable. Irish crochet work, well made, never needs to be stiffened with starch. A good way to wash such

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work is to spread it out flat on a clean board or table and scrub it with a soft brush.

French chalk placed for a few hours on a soiled spot in either a gown or drapery will remove the grease.

To remove coffee stains, first put into lukewarm water and soak about fifteen minutes. Then wash in warm suds.

When hanging pictures be sure to keep them on an agreeable level with the eye. Pictures were meant to be looked at.

Japanese leather may be made into screens which have the effect of the real tooled leather at a cost of about one-third. Japanese leather does not crack as tooled leather, which is an item often to consider.

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AMUSEMENTS

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